

**Carson City Health and Human Services**  
**Chronic Disease Prevention and Health Promotion Section Report**  
**Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease**

**April 18, 2019**

**New Staff in the Chronic Disease Prevention and Health Promotion**

No new staff

**Staffing Matrix for Chronic Disease from State of Nevada Department of Public and Behavioral Health**

- Toni Orr is 100% grant funded from the Tobacco CDC Core grant, Funds for Healthy Nevada grant and a Public Health Preparedness grant.
- Diabetes Funding – \$12,000/year (MOU from Dignity Health – Through DPBH) – Portion of part Time Public Health Nurse – Celeste Pierini.

**Programming**

**Diabetes Prevention and Control Program – Celeste Pierini**

- Met with Dan McCoy who is Carson Medical Group’s Diabetes Educator. Public Health Nurse (PHN) provided Prediabetes/Diabetes toolkits for his and his staff’s use.
- Spoke at a Partnership Douglas County meeting about prediabetes and the importance of understanding risk factors. PHN promoted CCHHS’s involvement in upcoming Healthy Living Health Fair (January 25, 2019).
- Spoke with Carson Tahoe Hospital Diabetes Educator, Syndi Skilling and received updates to their DPP/DSME courses. Updated Resources form and forwarded copy to Dan McCoy, Carson Medical Group.
- Attended event at Western Nevada College (WNC) on February 4, 2019 where prediabetes screening forms were made available to those interested as well as local resources for DPP/DSME courses.
- Conducted a prediabetes screening at an event at Douglas County Community and Senior Center on January 14, 2109.
- Attended Healthy Living Community Health Fair at the Douglas County Community and Senior Center on January 25, 2019, where prediabetes screening forms were made available as well as local DPP/DSME resources.
- Wrote an article for the NV Appeal titled, “Diabetes Alert Day”, which is on March 27, 2019 this year and article was published March, 2019.
- Was contacted by Carson Tahoe Hospital Diabetes Educator to be a member of their newly formed Diabetes Advisory Committee. First meeting will be May 2, 2019.
- PHN contacted Kim Nieman, who is the Washoe Tribe Diabetes coordinator about upcoming DPP program in April, 2019, which is open to the general public and free of charge. We discussed Washoe Tribe’s plan for creating a DPP in Gardnerville area, which she said they are in the process of formulating. Kim will let me know of any more information or upcoming classes.
- Conducted outreach and did a presentation on prediabetes to Vitality for Life-Senior Living at Carson Valley Medical Center on March, 27, 2019.
- Worked with State of Nevada Diabetes Program manager, Heath, to formulate a survey to assess the barriers and gaps that health care providers may experience when trying to refer



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clients to either DPP or DSME course as well as their familiarity with CDC Lifestyle Change programs in general. Survey was launched March, 8, 2019.

**Tobacco Prevention and Control Program – Toni Orr/Bailee Barber**

- Youth tobacco presentations to Douglas High School Health Classes completed with good feedback about presentation changes. Attended by 288 students and 4 teachers and two aides.
- Multiple classes scheduled at Carson High School for future presentations.
- The Nevada Appeal Campaign of the Multi-Unit Housing and Western Nevada College (WNC) Tobacco Free Campus CDC success stories was completed March 23rd. Distribution of flyers have also occurred at the legislative session and health fairs.
- Nevada Appeal articles “New Year to a New You: Quit Tobacco” was published in January 2019 and “Kick the Tobacco Addiction on Kick Butts Day” was published in March 2019.
- Staff participated in the Western Nevada College (WNC) Heart Health Event on February 4-8, 2019. Tobacco prevention and cessation were discussed with students and the e-cigarette display was available.
- Staff continues to participate on the WNC Healthy Campus and Environment Committee. This Committee was responsible keeping WNC 100% smoke free campuses.
- Actively participating on NTPC.
- Collaborated with partners from Nevada Cancer Coalitions and American Heart Association to provide education to the legislators and policy makers about Nevada’s tobacco use facts; the dangers of smoking, vaping, and secondhand exposures; and the epidemic of tobacco use in our youth.

**Other Programming within the Health Department Assisting With Chronic Diseases**

**Community Health Worker (CHW) Program**

- The CHW program within the CCHHS Human Services Division continues to be successful. The CHW now is the Workforce Case Manager and continues to assist CCHHS’ clients that have medical/social needs.
- The CHW is a member of the Carson City’s Forensic Assessment Services Triage Team (FASTT) and goes into the jail every Tuesday. The CHW inputs information into a database and follows up with individuals released from jail to help them get their medical and social needs met.
- A contract staff member has completed the CHW training and will assist Human Services’ clients as needed.

**Comprehensive Cancer Control Program**

- Conducted 85 Pap smears, 125 breast exams, and 7 colposcopies were performed at our Title X-Family Planning clinic for the 1<sup>st</sup> quarter of 2019. The family planning clinic is open Monday – Wednesday and Friday. Forty three women were signed up with Women’s Health Connection



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**Other Health Department News**

- The Annual Report is near completion and will be presented to the Board of Health meeting in May.
- The Community Health Improvement Plan (CHIP) priorities are:
  - Access to Healthcare,
  - Affordable Housing (A subcommittee of the Carson City Behavioral Health Task Force was in existence)
  - Behavioral Health and Substance Abuse (Carson City Behavioral Health Task Force was in existence; Tobacco Prevention and Control Program in existence at the Carson City Health and Human Services)
  - General Workforce; and
  - Nutrition – Food Insecurity and Access.

Each priority subcommittee continues to work on their objectives.

An evaluation mechanism is being developed to monitor progress on the CHIP objectives.

